

The Art of Machine Quilting

Supply List

by Barbara Shapel



Fabric Requirements:

You will need a plain quilt sandwich (one that is NOT pieced) that measures approximately 35" square. Choose a solid or tone on tone fabric for both the front and back, however the fabrics do not need to be the same on both sides.

Here are some tips to make sure your quilt sandwich is correctly put together:

- Start by taping the quilt backing fabric to a solid, flat surface. Use 3M or Scotch masking tape (not painter's tape) and start by taping the four corners, then the four centers, then every couple of inches around the quilt back fabric until the entire fabric is secured. Put enough tension on the fabric to keep it tight, but not stretched.
- After taping, run your hand over the fabric. If the fabric moves at all, pull up the tape in that area and retape it putting more tension on the fabric. Note: the bottom quilt fabric is the only one that is taped into position.
- Once the bottom layer is secure, position the batting on top of the backing fabric. Choose a low loft cotton batting. Hobbs Heirloom 100% cotton or the 80% cotton, 20% polyester blend are good choices.
- After the batting is in place, pull back two corners of the batting half way. Spray the batting and the quilt back fabric that you can see with quilt basting spray. After spraying, pick up the two corners of the batting and reposition them to the original corners of the quilt sandwich. Repeat with the other half of the batting.
- Once the batting has been secured to the back with the quilt basting spray, position the quilt top on top of the other two layers.
- After the quilt top is in place, pull back two corners of the quilt top half way. Spray the batting and the quilt top fabric that you can see with quilt basting spray. After spraying, pick up the two corners of the quilt top and reposition them. Repeat with the other half of the quilt top.
- After the quilt sandwich has been secured with quilt basting spray, please pin with safety pins every 3-4" to stabilize the layers even more. I prefer the size one stainless steel (not brass) quilter's safety pins, however the straight safety pins also work just fine.

Please note that this process needs to be done prior to class.

Supplies:

- Sewing Machine in good working order (a must!).
- Extension table for your sewing machine (if you have one)
- Darning or free motion quilting foot that fits your sewing machine (I prefer one that doesn't block your view to the needle. My free motion foot is a crescent moon shape that is open in front of the needle.)
- Sewing machine needles – Sharps 70/10 or 80/12 and Jeans 80/12 (for metallic thread) are good choices. Topstitch needles also ok.
- Marking pencils that you can see on your fabric.
- Optional: Digital Camera for taking pictures of stitches
- A variety of quilting threads (Note: you don't need all of these, just a few):
 - High quality cotton quilting threads in a variety of weights
 - Trilobal Polyester thread
 - Rayon thread
 - Metallic

Questions?

Please contact me at Barbara@BarbaraShapel.com

or call 360 606-9608

I look forward to seeing you in class!