



Blue Heron

Supply List

By Barbara Shapel

Fabric Suggestions:

- 1 1/2 yards of border fabric.
- Fabric for water measuring 41" x 9".
- Seven pieces of fabric for the gradated background that you will be creating. All pieces need to be 41" wide by no more than 7" long.
- Fabric for the sun or moon (fat quarter is fine)
- Fabric for the lily pads (one fat quarter is fine, but I'd recommend using a variety of fabrics to give the piece more depth).
- Fabric for the heron:
 - One fat quarter for the beak
 - Three fat quarters from white/very light to medium brown.
 - One fat quarter for birds' feathers
 - A piece of black fabric measuring 10" x 4"
 - Scrap of blue fabric for the eye and surrounding area.
- 49" x 33" piece of batting.
- 49" x 33" piece of fabric for the back of the piece.

Supplies:

- \$16 Blue Heron Contemporary Appliqué Pattern
- Heavy Duty Freezer Paper (available at most grocery stores)
- Thread: Invisible Thread in Smoke or Clear
- 50 or 60 weight 100% cotton thread that matches your background fabric.
- Iron, Small Ironing Pad and Spray Starch
- Sewing Machine in good working order
- Microtek Sharp Sewing Machine Needles in 60/8 (preferred) or 70/10
- Basic Sewing Supplies (seam ripper, bobbins, etc.)
- Scissors to cut paper and fabric
- Cutting Mat and Rotary Cutter

Note: Please trace and cut out the pattern following the pattern directions **BEFORE** class! If you have any questions about how to trace or cut out the pattern, *please call me!*

Questions?

Please feel free to contact me at
Barbara@BarbaraShapel.com or 360 606-9608.
I look forward to seeing you in class!