



Labyrinth Supply List

*Labyrinths have been used for hundreds of years
as a tool for
spiritual communion and healing.*

Labyrinth is an original contemporary fiber art design for the confident beginner to intermediate quilter designed by Barbara Shapel.

Fabric Requirements:

- There are 34 pieces in the Labyrinth pattern. The pieces range in size from approximately 5" square to the largest pieces measuring approximately 12" x 3". This is a great project to use all your scraps on because the more variety of fabric you have, the more interesting the piece will turn out.
- 44" square piece of material for the background fabric.
- 44" square piece of material for the backing of the quilt
- 45" square piece of batting
- 39" round piece of feature fabric for the back of the piece (Optional)

Supplies:

- \$16 Labyrinth Contemporary Appliqué Pattern
- Heavy Duty Freezer Paper (available at most grocery stores)
- Thread: Invisible Thread in Smoke or Clear
Cotton Thread that blends with your Currents color palette
Water Soluble Thread (optional)
- Iron, Ironing Pad, Spray Starch
- Sewing Machine
- Basic Sewing Supplies
- Scissors to cut paper and fabric
- Value Finder (a red or green viewer to determine fabric value – Optional)

Note: Please trace and cut out the pattern following the pattern directions BEFORE class! If you have any questions about how to trace or cut out the pattern, *please call me!*

*Questions? Please contact me at
Barbara@BarbaraShapel.com or call 360 606-9608
I look forward to having you in class!*