



Nautilus Supply List

*A shell's whirling spiral,
sacred to both religion and geometry,
symbolizes eternity.*

Nautilus is an original contemporary fiber art design for the confident beginner to intermediate quilter designed by Barbara Shapel.

Fabric Requirements:

- There are 28 pieces in the Nautilus Shell. The chamber pieces range in size from approximately 2" square to the largest piece measuring approximately 17" x 7". You can make each chamber of the shell from a different piece of fabric and create a color study quilt that moves through the color wheel, which is similar to the one pictured above. For a completely different look, you can use just one fabric for all the chambers – this works wonderfully well for gradated or hand-dyed fabric. A third option to consider is using a gradated fabric for the background and black & white prints for the chambers.
- A piece of fabric for the background behind the chambers measuring 26"x41".
- Another piece of fabric 27" x 42" will also be required for the back of the quilt, as well as material for the hanging sleeve and binding.
- 30" x 46" piece of batting.

Supplies:

- \$16 Nautilus Contemporary Appliqué Pattern
- Zigzag Sewing Machine in good working order
- Spray Starch, Portable Iron and Ironing Pad
- Heavy Duty Freezer Paper (available at most grocery stores)
- Sewing Machine Needles (any one of these three types is fine):
 - Microtek Sharp Needles in 60/8 (preferred) or 70/10 OR
 - Jeans/Denim Needles in 70/10 OR
 - Quilting Needles in 60/8 or 70/10
- Thread:
 - Invisible Thread in Smoke or Clear
 - High Quality Cotton Thread for piecing that matches your background fabric.
- Scissors to cut paper and fabric
- Basic Sewing Supplies
- Fabric Marking Pen or Pencil that you can see on your background fabric
- Optional: Value Finder (a red or green viewer to determine fabric value)

Note: Please trace and cut out the pattern following the pattern directions **BEFORE** class! If you have any questions about how to cut out the pattern, *please call me!*

Questions? Please feel free to contact me via email at
Barbara@BarbaraShapel.com or 360 606-9608.
I look forward to seeing you in class!